



TRAVEL TRAINING PROGRAM

A program of Central Contra Costa Transit Authority

Learn to travel with confidence! For seniors and people with disabilities within Central Contra Costa County.*

WE'RE HERE TO HELP YOU LEARN ABOUT:

- How to plan and navigate public transit
- Travel safety and useful security tips
- Using technology for locating your bus, purchasing tickets, and more!



Individual trainings, group trainings, and field trips are available! And it's FREE!

*Clayton, Concord, Martinez, Pleasant Hill, Walnut Creek, & Unincorporated Central Contra Costa

County Connection Independent Living RESOURCES of Solano & Contra Costa Counties

QUESTIONS?
CONTACT ILRSCC

Sarah Birdwell
sarahb@ilrsc.org

925-363-7293 ext 114
www.ilrsc.org